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## Interactive Skills and Dual Learning Processes

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### Synonyms

Dual enrollment; Interactive abilities

### Definition

Interactive skills refer to the general ability to interact with the external world to accomplish a task. A typical interactive task requires the person to look for relevant information and choose the right actions. The complexity of an interactive skill increases as (1) the uncertainty of the outcome of an action increases, (2) when the mapping between recognizable cues and actions becomes more complex, and (3) when there is interdependency between actions and outcomes. An interaction skill involves both explicit and implicit learning processes, and the effectiveness of each kind of process depends on the complexity of the skill. Explicit learning processes refer to processes that require focused attention and involve information that can be verbalized and communicated. Implicit learning processes do not require focused attention and involve information that cannot be easily verbalized and communicated.

### Theoretical Background

An important aspect of interaction skill is the ability to utilize the right cues to select the right actions. Cues are patterns of information relevant for a task. Cues can be external and directly perceived (e.g., seeing a red light and deciding to stop), or they can be internal and need to be first encoded in memory and retrieved at a later time when they are needed (e.g., remembering where we park our car). The acquisition of an interactive skill involves the association between internal and external cues and actions. An interactive becomes more complex as the

associations become probabilistic, interdependent, or both.

The simplest form of an interactive skill is cue-action association (the cue could be either internal or external). For instance, humans can learn to associate an action with a particular cue by observing how likely a cue-action association can reach a satisfying state of affairs (the law of effect; Thorndike 1911). A person can then learn to associate an action with the presence of an external cue, such that when the external cue is presented again, the right action can be selected. This simple form of interactive skill acquisition can be done by both explicit and implicit process. However, empirical studies show that explicit process is often suppressed when additional constraints are imposed, such as when a demanding external task is present which makes explicit learning of cue-action association difficult (Fu and Anderson 2008a, b; Keele et al. 2003).

An interactive skill becomes more complex when the cue-action associations are probabilistic, such that, for example, cue-action1 is 80% correct and cue-action2 is 20% correct in an environment. Learning in such probabilistic environment is difficult because the person cannot simply remember the last correct action (which can be either action1 or action2). Rather, the person needs to accumulate experiences and select actions that are in general more frequently correct in the past. This form of learning is often referred to as *reinforcement learning* (Sutton and Barto 1998). In general, reinforcement learning accumulates reward signal for each action after its execution, and select action that has the highest accumulated reward. Recent studies in neuroscience have shown that the reward signal in reinforcement learning resembles dopamine activities in the basal ganglia when humans are learning probabilistic cue-action associations (Waelti et al. 2001). Given that the basal ganglia is often considered to be responsible for implicit learning of cue-action association, it is often believed that learning of probabilistic cue-action association can be accomplished by implicit learning, and this hypothesis is shown to be consistent with results from behavioral studies.

The complexity of an interactive skill increases when immediate feedback is not available (e.g., when one is

82 navigating in an unfamiliar neighborhood). In that case,  
83 one has to learn from delayed feedback, and propagates  
84 feedback up to previous cue-action association. This cre-  
85 ates a credit-assignment problem, as feedback is received  
86 only after an action sequence is executed, and it is not clear  
87 which particular action leads to the correct (or incorrect)  
88 outcome. In animal research, feedback is often  
89 implemented by explicit reward. However, explicit learn-  
90 ing can occur without explicit feedback. For example,  
91 research in latent learning, in which rats learned the cog-  
92 nitive map of the maze implicitly and was able to later  
93 implement its knowledge without the presence of rewards  
94 (Tolman 1932).

95 Empirical studies show that there are distinct pro-  
96 cesses that perform the credit assignment of actions  
97 when learning from delayed feedback (Fu and Anderson  
98 2008a, b). In the explicit process, cues and actions are first  
99 encoded into memory, and when the feedback is received,  
100 the cues and actions are retrieved and credits (positive or  
101 negative reward) can be assigned to them. In this kind of  
102 implicit learning, credits are first assigned to the cue-  
103 action that is closest to the feedback, and the credit will  
104 subsequently propagated back to earlier cue-action asso-  
105 ciations. This credit propagation process is shown  
106 to match well with a reinforcement learning process  
107 (Fu and Anderson 2006). Results from empirical studies  
108 show that the implicit reinforcement learning process  
109 can remain relatively effective even when attentional  
110 resources are drawn to a demanding secondary task  
111 (Keele et al. 2003).

112 Interactive skills become even more complex when  
113 there are interdependencies between sequential actions.  
114 Interdependency refers to the situations in which cues  
115 and actions in the environment are dependent on prior  
116 actions. In such situations, learning is difficult because one  
117 has to remember prior actions (and cues) before the right  
118 actions can be selected. Remembering prior cues or  
119 actions can be done by an explicit encoding process. How-  
120 ever, when the explicit process is suppressed (e.g., by  
121 a demanding secondary task), learning of interdependent  
122 action sequences can sometimes be accomplished implic-  
123 itly when external cues are present, which allow credits to  
124 propagate back from the final feedback to prior actions  
125 through the external cues. It has been shown that when  
126 consistent external cues are present, implicit reinforce-  
127 ment learning is sufficient to allow acquisition of interac-  
128 tive skills in which interdependency of actions exist.  
129 However, when consistent external cues do not exist,  
130 implicit reinforcement learning will fail, and people may  
131 simply fail to learn to select the correct action sequence in  
132 such situations (Fu and Anderson 2006).

## Important Scientific Research and Open Questions 133

134  
135 The idea that information is processed through two dis-  
136 tinctive routes, one that requires explicit encoding, the  
137 other undergoes implicit reinforcement, is not limited to  
138 the acquisition of interactive skills. In fact, dual-  
139 processing theories can be found in a wide range of  
140 research, including research on persuasion, judgment  
141 and decision making, and neuroscience. For example, in  
142 the area of persuasion, researchers have studied how dif-  
143 ferent information may lead to change in belief and atti-  
144 tudes (Petty and Cacioppo 1986). Although differences  
145 exist, these dual process models shared a fundamental  
146 consensus that external information cues are processed  
147 through a central route that systematically deliberate on  
148 the information content, and a peripheral route that relies  
149 more on heuristics, experience or/and emotion. In gen-  
150 eral, the explicit route demands more cognitive resources  
151 than the implicit route. When individuals lack either  
152 motivation or ability to perform systematical evaluation  
153 or deliberation on the information contents, they tend to  
154 rely more on implicit route to learn, make decisions, or  
155 change their attitude.

156 One important application of dual processing models  
157 is to understand how individual differences that are rele-  
158 vant to either of the two processes influence people's  
159 learning, attitude change, or decision-making outcomes.  
160 For example, aging is one of the factors being widely  
161 studied for its effects on explicit and implicit processes.  
162 Several lines of research provide robust evidence of age-  
163 related declines in deliberative/explicit system. It is shown  
164 that older adults performed generally worse in tasks that  
165 require systematical learning due to their lower informa-  
166 tion processing speed, age-related deficits in explicit mem-  
167 ory, working memory, and executive functions. However,  
168 the age difference in implicit learning and memory is  
169 found only minimal. In terms of decision making,  
170 research showed that older adults tend to selectively use  
171 their explicit processes based on their level of motivation  
172 to make the decision; so when the information is less  
173 meaningful or relevant to them, they are less likely to  
174 explicitly process the contents to make the decision.  
175 Research also shows that older adults who are relatively  
176 more likely influenced by implicit cues are related to their  
177 emotions than do younger adults. However, the role of this  
178 implicit/affective processing is somewhat less clear since it  
179 may involve both explicit and implicit information  
180 processing, and more research is needed to clarify the  
181 interaction of implicit/affective processing and age-related  
182 factors such as decline in cognitive resource.

183 Although research has demonstrated the existence of  
184 the explicit and implicit learning processes, how exactly  
185 these processes are orchestrated in different situations is  
186 still unclear. It is not clear, for example, whether both  
187 processes would occur in parallel, and the relative effect  
188 of each kind of process will manifest itself in different  
189 situations, or whether one process may dominate the  
190 other one and influence behavior under different situa-  
191 tions. More research is needed to understand how the two  
192 processes may be moderated by external (environmental)  
193 and internal (individual differences in cognitive abilities,  
194 experiences, etc.).

### 195 Cross-References

- 196 ► [ACT \(Adaptive Control of Thought\)](#)
- 197 ► [Attention and Implicit Learning](#)
- 198 ► [Basal Ganglia Learning](#)
- 199 ► [Dual Process Models of Information Processing](#)
- 200 ► [Implicit Sequence Learning](#)
- 201 ► [Procedural Learning](#)
- 202 ► [Reinforcement Learning](#)

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AU1	"Petty and Cacioppo 1986" is cited in text but not given in the reference list. Please provide details.	